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Middletown Valley Athletic Association Fall 2010 Newsletter  
[www.mvaasports.com](http://www.mvaasports.com)

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Letter from the President

Greetings to all MVAA Members,

As many of you know, the Town, in conjunction with the MVAA had a ceremonial ground breaking photo on 08 July 2010, to signify the official kick-off on the construction of the Remsberg Park Project. In May, after four years of planning and fund raising, the town signed a contract to start grading the fields, which will soon become Remsberg Park. Remsberg Park is a multi-recreational facility planned on 88 acres owned by the Town of Middletown located just off Holter Road. The Remsberg Park Project is a partnership between the Town of Middletown, the MVAA, and Maryland Project Open Space. When the park comes to fruition, it will offer five stadium size multipurpose fields, (three with stadium style lighting), three baseball fields, one softball field, pavilion covered picnic areas, basketball courts, concession stands, and open space for future additions. Moreover, the park will provide miles of safe walking and jogging trails, which will encompass the park.

The MVAA and Town anticipate completion of all the grading for phase one and two fields by next spring. Phase I, of Phase II, will consist of three multipurpose fields and two baseball diamonds. Phase II will be completed later upon receipt of additional funds. We still have a long way to go but it's extremely exciting to see the efforts becoming a reality. The MVAA would personally like to thank the membership, and munificent donors, for your past, present, and future support. Remsberg Park will be an impressive addition to Middletown's park system. This million-dollar facility will cost the Middletown taxpayers only \$130,000. The MVAA and Project Open Space, a state funded grant program supported by the state's transfer tax, fund the remaining share. The MVAA will continue its fundraising activities, as we concentrate on the tangibles necessary to retrofit the baseball fields and soccer fields with backstops, fences and soccer goals, respectively. If you'd like to read more about the Remsberg Park Project, please visit: http://www.mvaasports.com/remsberg_park.htm.

As a reminder, MVAA nominations for Board Directors and Sports Directors will take place during the November General meeting on Thursday, 11/4/2010 at 7:30 p.m. If you wish to be considered, please have an MVAA member nominate you during November's meeting. A general election will take place during December's meeting to decide who will continue the legacy of excellence that so many of our youth have enjoyed in past years.

Respectfully,

Brian D. Moore
President, MVAA

Remsberg Park Update

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Have you heard the news or seen the equipment? Remsberg Park is underway! Poole and Sons have started construction on Phase One. Phase One includes 3 multipurpose fields and 2 baseball fields. The Town of Middletown, MVAA, and Remsberg Park Committee would like to thank everyone who has helped to make this dream a reality!

The Remsberg Park Golf Tournament was another HUGE success!! Thank you to all the golfers and volunteers who participated. It raised approximately \$6,000 for the park. A special thanks to Hollow Creek Golf Course- they are always supportive and helpful!

First Place Team-Dutch Briel, Dennis Leahy, Tony Benedetto, Mike Navarini

Second Place Team-Tim Fauble, Chris Fauble, Jason Fauble, Randy Wagner

Third Place Team-Mike Smith, Gus Smith, Bobby Dembo, Gregg Lightcap

Longest Drive Winner-Dutch Briel (2nd year in a row)

Congrats to Bryant Wilson for winning the raffled off Motorized Cooler Scooter!!!

Again, thank you to everyone who participated in the golf outing!

**Winter Sports Sign-ups:**

**Basketball \* Winter Cheerleading \* Wrestling  
& Indoor Lacrosse**

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Please register on-time!

Registrations are considered late w/\$25 late fee after October 16, 2010.

Registrations can be mailed in or dropped off
Forms are available on **MVAASPORTS.COM - Click on Registration**
Office Location and Hours

Our office is located at: 31 W. Main St. 2nd floor of Town Hall

Monday	9:00 am until 2:00 pm
Wednesday	9:00 am until 2:00 pm
Thursday	1:00 pm until 6:00 pm

Registration Policy:

To be eligible to participate in any MVAA sport you must first become an MVAA Family Member. The Family Membership fee is an annual fee of \$90.00 beginning during our January sign ups. Sports fees vary and are based upon league fees, insurance, referee/umpire, uniforms, etc. Members must be current and in good financial standing in order for players to participate in sports.

NOTE: Registration is not complete until full payment is received. Please contact the office for special arrangements. Incomplete registrations will not be processed and will be returned to be resubmitted with complete payment.

MVAA Late Fee- A registration is considered to be late if received one week after our second sign-up date, check our web site for late registration cutoff date. All late registrations require a \$25.00 late fee. Registration is not complete until full payment is received.

MVAA Refund Policy/Procedures - All refund requests must be sent to our MVAAGoffice@verizon.net address. Please review the refund policy and procedures located on the MVAASPORTS.COM website. **Refund requests for Winter 2010 sports must be received by 11/13/10.**

MVAA Youth Sports Scholarship Announcements



On May 21st the MVAA recognized Mr. Zach Langley and Miss Carli Ann Gessiotto as the recipients of the MVAA Youth Sports Scholarship. Through their dedicated service within the MVAA, both Zach and Carli Ann exemplify the ethos of the MVAA; one of Servitude Leadership.

The MVAA Scholarship Committee reviewed nine "highly qualified" student/athlete applications with a wide range of talents and athletic abilities. However, the committee was also presented with the arduous task of picking the two "best qualified" applicants to receive the 2010 MVAA Youth Sports Scholarship. These nine applicants were judged on academic performance, athletic accomplishments, extracurricular activities within the community, as well as leadership involvement within the MVAA. Additionally, each applicant submitted an essay describing how their experience in the MVAA has influenced their life and how it has enabled them to give back to their community.

I personally want to thank all the applicants for your dedicated service and leadership within the MVAA. While everyone who applied for our scholarship has already achieved remarkable milestones in academics, athletics, and service to our community, two individuals stood out among their peers by repeatedly demonstrating remarkable achievements, which illustrated the concept of servitude leadership. The two \$1,000 dollar scholarships were a small token expressed by the MVAA's and the Middletown community for the countless hours they sacrificed to make the

MVAA what it is today.

MHS Seniors are eligible to receive a \$1,000.00 scholarship if you have participated in the MVAA for at least 5 years. An essay on your contribution to the MVAA is required. Two possible candidates may be chosen. Information and the scholarship application for the 2011 MVAA Scholarship will be posted on our website link - "About MVAA" and at the MHS guidance office in January of 2011.

Melissa Taten
MVAA Public Relations Director

Baseball

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We have put behind us yet another great spring baseball season in Middletown. Our teams from 6U (Tee ball) through 12U (Majors) played over 117 games combined this spring. Our 15U and 16U teams played in the very competitive Mid Atlantic Baseball Association and each won their division as well as representing Middletown well at tournaments and in their league. The Western Frederick County All Stars had a successful post season tournament run at all the levels.

We have 4 teams playing this fall, one at machine pitch, one at the minor's level and two at the major's level.

Tryouts for a U12 MABA Travel Team will be held at Middletown Park on the following dates and times:

- Sunday, 10/31/2010 - 1:30
- Wednesday, 11/3/2010 - 5:00
- Saturday, 11/6/2010 - 1:00

[Please click here for more information: U12 MABA Travel Info](#)

Youth sports continue to evolve and we need to be able to react to the changing climate of the various programs, baseball is no exception. Every year as Director we have had to look for new ways and ideas to expand the program and offer different levels of competition to meet the needs of over 200 kids. This effort needs continuous help and support from parents to actively participate so it does not continue to just fall on the few great volunteers we have that coach or help coach our teams. I strongly encourage those of you who may have a son or daughter who is just starting baseball to get involved with the program to assure baseball continues to stay strong in our community.

I want to thank all those who coached this year, parents who helped with the fields, uniforms, team moms and dads, and the all the kids who played this year for a great season and I hope to see everyone next year.

Doug Leigid  
MVAA Baseball Director

### Basketball

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Register for MVAA Basketball now. MVAA Basketball provides programs for girls and boys from Kindergarten to 9th grade. All age groups playing in the in-house program will start on or near the 20th of November. The goal for our program is to provide an

experience that will allow each participant to learn the game of basketball fundamentals and most importantly enjoy basketball to the fullest extent. If you would like to volunteer to help with our program please do not hesitate to call me. We are always looking for referees, team parents and coaches.

Travel Teams:

- Varsity - 8th grade and below.
- Junior Varsity - 6th and 7th grade.

Tryout Schedule:

- **Girls Varsity** - Wednesday, October 27th & Thursday, October 28th at MMS from 6:00-7:30 p.m.
- **Girls JV** - Wednesday, October 27th & Thursday, October 28th at MMS from 7:30-9:00 p.m.
- **Boys Varsity** - Wednesday, October 20th at MMS from 7:30-9:00 p.m. & Friday, October 22nd at the Middletown Middle School from 7:30-9:00 p.m.
- **Boys JV** - Wednesday, October 20th at MMS (6th grade from 6:00-6:45 p.m., 7th grade from 6:30-7:30 p.m.) & Friday, October 22nd at the MMS (6th & 7th grades) from 6:00-7:30 p.m.

Please e-mail me at BrianMartin@mvaasports.com if you have any questions.

Brian Martin
MVAA Director of Basketball, 301.346.0015

Our Motto:
"Play Hard, Play Smart, Play Together and Have fun"

Cheer Time!

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**GO KNIGHTS GO!!!!**

Cheerleading is underway and having another successful season. We have large squads this year as we are trying to expand our program. The girls have been on the sidelines cheering on the football players.

The MVAA Cheerleaders, MVAA Stunt Team, and MVAA Competition Squad performed in the Heritage Days parade. Hope you were able to come and check them out and were WOWED by their talent!!! They won several awards including Grand Champion in the parade!!! Great job girls!

Basketball Cheerleading is open for 5th, 6th, 7th & 8th graders. We are having a Varsity squad only. Please look at the MVAA website more information about cheerleading!

Cheers!

Kelly Delauter  
MVAA Cheerleading Director  
[kelly@mvaasports.com](mailto:kelly@mvaasports.com)

## Field Hockey

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The Spring MVAA field hockey program is always looking for new players. We begin practice the third week of March and the season runs until the last week of May. We practice twice a week with games being on those days as well. No weekends.

The MHS field hockey players conduct warm ups at each practice and coach their individual teams.

Practices consist of stick work development, passing and stopping skills and game strategies. This year we will meet up the following teams twice per season: LUYAA, GVAA, Frederick City, and Tuscarora. We are looking forward to a fun and successful season again in 2011.

Ginni DuMars
Field Hockey Director

Football

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The MVAA Football program is just past the mid point of its 40th season. 1971 marked the beginning of our football program which happened to coincide with some hallmark events in the local youth athletic scene. The MVAA formally incorporated that year providing sports year round. The Mountain Valley Football League also had its first season.

The league was comprised in the beginning of two teams from Brunswick (Redskins), two teams from Thurmont (Colts), Fort Ritchie, and Fort Detrick. The Middletown program made it seven teams and there was enough for the humble beginnings of a brand new league. The league is now a 10 program league with high school feeder programs from Frederick, Carroll and Washington Counties.

In 1971 each program had a varsity and junior varsity level. If you were younger than 6th grade you either didn't play or for a few brave souls, you tried your luck with older bigger players. By the mid 70's the pony level was introduced and ultimately mini-pony and flag came into existence for players as young as 5 years of age.

The popularity of football in the area has led to even more growth in our program and the league. Most programs in the league field teams in the instructional level known as Division 2. 40 years ago two teams made up the MVAA Football program. This year with Division 2 there are 10 MVAA teams!

We have had great support this season (like always) from our parents. We continue to have dedicated coaches at each level. To all present and past, thanks for your tremendous support. That's what keeps the great tradition we enjoy alive and well!

Tom Evich  
MVAA Football Director

## Lacrosse

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The MVAA Boys and Girls Lacrosse Programs enjoyed very successful spring seasons in our traditional WMYLC league. Additionally, many of our boys and girls teams branched out and participated in play days and scrimmages versus out of conference teams to expand their horizons and face greater competition. The program will continue to explore and expand these options in the years to come. Once again, new records were set for spring lacrosse registration as lacrosse continues to grow in popularity. The kids learned a lot, improved their skills and had FUN. Thank you to all of the players, their families, the volunteers and coaches that make it all possible.

After the season ended many players went on to participate in Summer Camps (our annual Middletown Boys Lacrosse Camp had record numbers with 140 campers), club teams and tournaments. This elevated summer lacrosse activity has become part of the norm. But Fall lacrosse? Winter lacrosse? Like so many other sports, lacrosse opportunities are becoming nearly year-round. Is this necessary? Maybe not, but it is a great opportunity for new players to try out the game or to continue their development, and for those that are truly passionate about the game to play as much as they want. However, it is not a necessity and is the reason why Fall and Winter lacrosse is scheduled to not interfere with other in-season sports. I encourage all to play lacrosse as much as they want, but not at the expense of player burn-out or over-use injuries. Our children being well rounded, multi-sport athletes is great for their development and translates well into improvements come spring. Play football and have improved conditioning, footwork and toughness. Play soccer and improve conditioning and spacing. Play basketball and improve defensive positioning and offensive cutting, picks and off-ball movement. Join wrestling and bring your strength, balance and leverage to lacrosse face-offs.

We currently have boys and girls participating in the Western MD chapter of US lacrosse Fall ball program. Sunday games only with no practice to avoid interfering with in-season sports. Additionally there are fall club leagues such as Next Level in Rockville where many of our older boys are playing games on Sunday only.

Registration for Winter Indoor Lacrosse is open now for boys and girls and will again be held at the Frederick Indoor Sports Center (FISC). This league is also games only and no practice to minimize interference with in-season sports. Registration this year is done as an individual directly at the FISC website at www.frederickindoor.com.

Thanks again to all that make our Lacrosse Program so successful and contact myself (boys) or Tom Karcewski (girls) anytime if you have questions or if we can be of help to you.

Mike Hallman
Lacrosse Director

Tom Karcewski
Girls Lacrosse Coordinator

MVAA/MSVC Soccer

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We are already a few weeks into the 2010 Fall Soccer season and I want to thank all the Coaches, parents, and volunteers that have come forward to contribute their time and energy to make another successful Soccer season possible. The program continues to add experienced and quality individuals as coaches that have strong Soccer backgrounds. Many of our coaches have also taken the Maryland or Virginia State Youth Soccer Association coaching courses. The program has also brought in a number of high school players to work with our teams that provide the kids with great positive role models.

This Fall we have a total of 28 teams ranging in age from U8 - U19, 7 club/travel level teams and 21 teams playing in various divisions in FCYSL (Frederick County Youth Soccer League). In addition, the In-house program continues to grow for the U6 - U8 age groups. The FCYSL league encompasses 26 programs within the Frederick County region, and the MVAA has the 2nd largest number of teams playing. A number of our club/travel teams are playing at a very high level within their respective divisions in the Baltimore Beltway Soccer League (BBSL) and Montgomery Soccer Inc. (MSI). Congratulations to our MSI U19 Boys club/travel team, playing at D1 last Spring they've received the league Sportsmanship award and will be honored at an upcoming professional MLS (Major League Soccer) DC United game. This is the 4th consecutive time the team has received this award, a tribute to the class shown by the players, parents and coaches of

the team.

The goal of our program is to continue to provide and create the best opportunities for the players at all levels of play within the MVAA.

At the conclusion of the Fall season all FCYSL and In-house players keep their Soccer jerseys.

Good luck to all our teams with the rest of their matches and upcoming tournaments.

Best Regards,

Kevin Stottlemyer  
MVAA/MVSC Soccer Director

### Softball

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The 2010 fall softball season is underway! We have three (3) teams: U-8, U-10 and U-12. The turn out for the older ages was a little short this fall. Hopefully all the interested girls will come out early for the spring. Make sure to check the MVAA website for sign-up dates - should be in early January. Thanks again to all of our sponsors!!

Roland Hockenbery
Softball Director

Wrestling

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Wrestling season is coming up. We are going to have preseason practices 7:30 PM to 9:00 PM on Wednesday's starting Wednesday 29th. As the program has been expanding over the past couple years, we have come to the point where we need greater challenges for our more experienced wrestlers. This season we are moving into the Baltimore beltway wrestling league with our more experienced wrestlers. Also, looking for administrative help and coaching, especially with our younger age group kindergarten to 4th grade. Any questions, please call at (301)305-1638.

Blaine Carbaugh  
MVAA wrestling director  
[blaine@mvaasports.com](mailto:blaine@mvaasports.com)

### Treasurer's Report

As of October 7, 2010 the bank balances are as follows:

MVAA 2010 Operating Funds:  
Investment Checking Account BB&T: \$93,292.90  
Operating Checking Account BB&T: \$11,069.08

Total Operating Funds: \$104,361.98

Field and Facilities Endowments:  
Wells Fargo - Short Term: \$49,998.56  
Wells Fargo - Long Term: \$67,132.76

Total Endowment Funds: \$117,131.32

\*POS Funds to be released - date tbd by Town of Middletown - \$62,500.00

Remsberg Park Funds:

Remsberg C/D: \$182,566.33

\*The MVAA Endowment Funds are restricted funds for Fields and Facilities development not for operating use.

\* The Remsberg Park Funds are restricted funds for Remsberg Park field development not for operating use.

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Quick Links...

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**MVAA Board of Directors**

**Contact Information**

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phone: 301-371-3423

e-mail: contact@mvaasports.com

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