

MVAA SPRING 2011 Boys Lacrosse INFO Sheet

Welcome to the 2011 MVAA Boys Lacrosse program! Middletown Elementary and Middle School boys will compete on teams that participate in the Western Maryland Youth Lacrosse Conference (WMYLC – www.wmylc.org). The season begins with practices the week of March 1st, with the first games beginning mid to late March.



There are typically 2 practices per week and we play a 10 game season (games on Saturdays) that runs through the first week in June. U9 and U11 games are generally in the morning, with U13 and U15 games in the afternoon. The league is competitive play vs teams from other Frederick, Carroll and Washington County towns. There is no body-checking and score is not kept at the U9 level. Play is limited to 7 v 7 on a smaller field to promote instruction. U11, U13 & U15 teams introduce body-checking and scores are kept. Play is regulation with 10 v 10 number of players participating on a full field. The season ends with a Conference Festival/Play Day to be held Saturday June 4th.

TEAMS & Age Groups

Note: WMYLC has new AGE GROUP REQUIREMENT for 2011.

U-9 Team: Player may not turn 9 prior to September 1, 2010 (typically 3rd grade and below to K)

U-11 Team: Player may not turn 11 prior to September 1, 2010 (typically 4th & 5th grade)

U-13 Team: Player may not turn 13 prior to September 1, 2010 (typically 6th & 7th grade)

U-15 Team: Player may not turn 15 prior to September 1, 2010 (typically 8th grade)

*Participants can play up in age level, but no exceptions to play down.

EQUIPMENT

Players will be responsible for providing their own helmet, shoulder and arm pads, stick and gloves, mouthguard, athletic cup, and cleats. MVAA will provide uniforms that will be loaned to players and returned at the end of the season. We have also arranged discounted packages from our equipment supplier Great Atlantic Lacrosse (lacrosse.com). We will hold our annual New & Used Equipment Sale on January 29th, for those looking for new equipment or to sell their used gear. If you are interested in participating or for more details, please contact me directly at the email below.

The MVAA Lacrosse Sport fee is \$75 per player for the Spring season.

For other questions regarding boys' lacrosse, please contact Mike Hallman at mikehallman@comcast.net or 301-371-0448. Thank you for your interest and the privilege to offer your child the opportunity to play lacrosse this Spring.

Sincerely,

Mike Hallman
MVAA Lacrosse Director