

## CAMP STAFF

### AMY POFFENBARGER

Amy Poffenbarger from The University of Missouri has been coaching Basketball for over 12 years. She finished her 4 year career at the University of Missouri with records to include: \*All-Time Career Assists Leader \*Top 5 in Steal\*Top 5 in Free throw percentage\*One of Three Players in Missouri history to record a triple-double! During her stay at Missouri, she was a two-year captain, leading her team on to win The Big 8 Championship and also competed in the NCAA Tournament. During Amy's high school career she led her team to two state championships. She was twice named Nebraska Player of the Year. Also was named Gatorade Player of the Year and a Street and Smith All American.

### TINA PLUMMER GOUGH

Tina Gough went to Queen Anne High School in Upper Marlboro, MD. As a four year Varsity starter, she scored almost 2000 points and finished her career as the school's All-Time Leading Scorer. She continued her career for Dickinson College in Carlisle, PA. As a Red Devil, she earned Varsity letters in three sports. As a member of the basketball team, she averaged 10.5 points a game and was skilled at playing both the guard and post positions. After taking a break to have and raise 4 kids. She is still active in the basketball community. She plays locally in several women's leagues, coaches the Maryland Mavericks and is a High School Federation Board Certified Basketball Official. She loves the game and firmly believes that you can't hide your passion so you are better off to share.

### Past ALL-STAR staff includes

- Kristen Waeber (Middletown High School)
- Samantha Schanuel (Monmouth University)
- Joselyn Logan-Friend (University of Virginia)
- Holly Havenstein (Colgate University)

Our staff will use positive reinforcements and promote values such as; good sportsmanship, respect, and hard work. Since these actions not only make us better basketball players, but better people.

## CAMP ACTIVITIES AND HIGHLIGHTS

Small coach-to-player ratio to maximize individual instruction.

### Girls/Boys Complete Player Camp

Our unique curriculum will cover beginner and intermediate basketball skills on both sides of the ball. We will work on improving individual skills in the context of team offense and defense. For example; setting and executing a pick-and-roll, and playing help defense. The complete player knows the whole floor, not just their role. By the end of camp, we hope each player will have gained confidence to step up to a team leadership role. Grades 5th-9th.

### Coed Shooting and Skills Camp

The campers will focus on shooting technique, footwork, shooting off the pass, and shooting off the dribble. Also players will be working on a free throw routine to build confidence at the free throw line. Each player's shot is video taped and analyzed. They will receive a personalized evaluation of their shooting technique. Also, all players receive a home training program of shooting drills. Grades 5th-9th.

### Junior Coed skills camp

The junior camp will introduce basketball skills such as dribbling, passing and shooting to elementary aged players through fun based games and activities. The emphasis will be on young kids learning basketball through play and positive rewards. Grades 1st-4th.

### Camp Discounts

\$25 Multiple Camp Discount- Same Player  
\$25 Multiple Player Discount- Same Family

REGISTRATION FORM

# Middletown Basketball ACADEMY

Hurry! Limited Capacity.

Please fill out both sides of this form and mail it along with payment (checks payable to Amy Poffenbarger) to:

Coch Amy Poffenbarger  
c/o Middletown Basketball Academy  
6776 Burkittsville Rd  
Middletown, MD 21769

Boys Camp

Junior Camp

Girls Camp

Shooting Camp

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

CAMP GOALS: \_\_\_\_\_  
\_\_\_\_\_

AGE: \_\_\_\_\_ GRADE NEXT FALL: \_\_\_\_\_

SCHOOL NEXT FALL: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

CAMP SHIRT SIZE (CIRCLE): ADULT: S M L XL  
YOUTH: YM YL

## Emergency Information Form

Mother's Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Phone Numbers:

1. \_\_\_\_\_

2. \_\_\_\_\_

Medical Concerns:

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### ATTENTION PARENTS

I agree that in case of an accident involving my child while attending this camp, and with full awareness that basketball is an activity which may involve risk of injury, I release the Middletown Basketball Academy and its staff from any and all liability. I understand every precaution will be taken to provide a safe environment and authorize the camp staff to act for me according to their best judgment in the event my child needs emergency medical attention. Furthermore, I understand the Middletown Basketball Academy DOES NOT provide medical coverage and that it is my responsibility to do so.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Medical Insurance Company

## FULL DAY - CAMP SCHEDULE

**9:00 - 9:15** Arrival and Warm-Up

**9:15 - 11:00** Defensive Fundamentals - Principals of man-to-man and zone. Defending on and off the ball.

**11:00 - 11:30** Camp Contests.

**11:30 - 12:00** Lunch

**12:00 - 12:30** Organized Pick-Up Games

**12:30 - 2:00** Offensive Skills - Individual scoring moves for guards and forwards. Setting screens and moving without the ball.

**2:00** Dismissal

## CAMP DETAILS

### The Complete Player Camp Girls/Boys

*\*Must bring sack lunch\**

**July 12th–15th 2010 (girls)**

**July 26th–29th 2010 (boys)**

**\$150**

### Coed Shooting Camp

**June 28th– July 1st 2010**

**\$100**

### Junior Coed Skills Camp

**June 28th– July 1st**

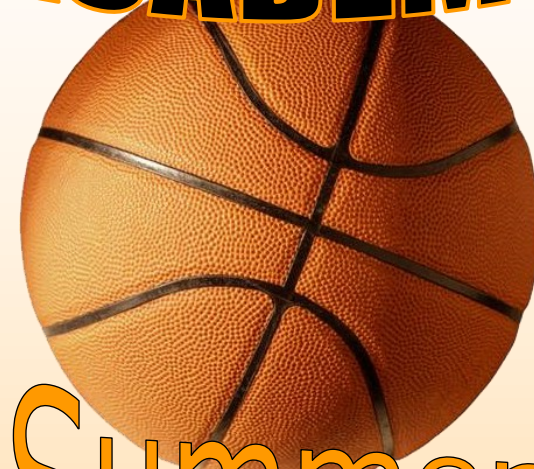
**\$100**

**Location: The Poffenbargers'  
Private Gym  
6776 Burkittsville Rd.  
Middletown, MD 21769**

### Contact Info

**Email: apoffenbarger@mlend.com**

# Amy Poffenbarger's Middletown Basketball ACADEMY



# Summer Basketball Camps 2010

### **Junior Camp Coed**

**June 28th– July 1st | 9 am-11am**

### **Shooting Camp Coed**

**June 28th– July 1st | 1pm-4pm**

### **Girls Camp**

**July 12th-15th | 9am–2pm**

### **Boys Camp**

**July 26th– July 29th | 9am-2pm**