

CAMP STAFF

AMY POFFENBARGER

Amy Poffenbarger from The University of Missouri has been coaching Basketball for over 12 years. She finished her 4 year career at the University of Missouri with records to include: *All-time career assists leader *Top 5 in steals and free throw percentage *One of three players in Missouri history to record a triple-double! During her stay at Missouri, she was a two-year captain, leading her team on to win The Big 8 Championship and also competed in the NCAA Tournament. During Amy's high school career she led her team to two state championships. She was twice named Nebraska Player of the Year. Also was named Gatorade Player of the Year and a Street and Smith All American.

TINA PLUMMER GOUGH

Tina Gough went to Queen Anne High School in Upper Marlboro, MD. As a four year Varsity starter, she scored almost 2000 points and finished her career as the school's All-Time Leading Scorer. She continued her career for Dickinson College in Carlisle, PA. As a Red Devil, she earned Varsity letters in three sports. As a member of the basketball team, she averaged 10.5 points a game. Tina has continued her involvement in the sport and is a High School Federation Board Certified Basketball Official. She loves the game and firmly believes that you can't hide your passion so you are better off to share.

Past ALL-STAR staff members include

- Kristen Waeber (Middletown High School)
- Samantha Schanuel (Monmouth University)
- Holly Havenstein (Colgate University)
- Scott Foster (NBA Official)

Our staff will use positive reinforcement and promote values such as good sportsmanship, respect, and hard work. These actions not only make us better basketball players, but better people.

CAMP ACTIVITIES AND HIGHLIGHTS

Small coach-to-player ratio to maximize individual instruction.

Girls' / Boys' Complete Player Camp

Our unique curriculum will cover beginner and intermediate basketball skills on both sides of the ball. We will work on improving individual skills in the context of team offense and defense. For example; setting and executing a pick-and-roll, and playing help defense. The complete player knows the whole floor, not just his or her role. By the end of camp, we hope each player will have gained confidence to step up to a team leadership role. Grades 5th-9th.

Coed Shooting and Skills Camp

The campers will focus on shooting technique, footwork, shooting off the pass, and shooting off the dribble. Also players will be working on a free throw routine to build confidence at the free throw line. Each player's shot is videotaped and analyzed. They will receive a personalized evaluation of their shooting technique. Also, all players receive a home training program of shooting drills. Grades 5th-9th.

Coed Junior Skills Camp

The junior camp will introduce basketball skills such as dribbling, passing and shooting to elementary-aged players through fun games and activities. The emphasis will be on young kids learning basketball through play and positive rewards. Grades 1st-4th.

Advanced Shooting Camp

Attended one of our previous shooting camps or with Camp Director Approval
Designed to transform advanced shooters into advanced scorers. The camp will focus on the fundamentals of offensive moves, proper foot work. While extending the range of experiences shooters.

Camp Discounts

\$25 Multiple Camp Discount—Same Player
\$25 Multiple Player Discount—Same Family

NEW FOR 2011! "The Gun," a shooting machine that provides 1,800 practice shots per hour

REGISTRATION FORM

Middletown Basketball ACADEMY

Hurry! Limited Capacity.

Please fill out both sides of this form and mail it along with payment (checks payable to Amy Poffenbarger) to:

Coch Amy Poffenbarger
c/o Middletown Basketball Academy
6776 Burkittsville Rd
Middletown, MD 21769

- | | |
|--------------------------------------|---|
| <input type="checkbox"/> Boys' Camp | <input type="checkbox"/> Shooting Camp |
| <input type="checkbox"/> Girls' Camp | <input type="checkbox"/> Adv. Shooting Camp |
| <input type="checkbox"/> Junior Camp | |

Name: _____

Address: _____

CITY: _____ ZIP: _____

HOME PHONE: _____

CAMP GOALS: _____

AGE: _____ GRADE NEXT FALL: _____

SCHOOL NEXT FALL: _____

EMAIL ADDRESS: _____

CAMP SHIRT SIZE (CIRCLE): ADULT: S M L XL
YOUTH: YM YL

Emergency Information Form

Mother's Name: _____

Phone: _____

Father's Name: _____

Phone: _____

Emergency Phone Numbers:

1. _____

2. _____

Medical Concerns:

ATTENTION PARENTS

I agree that in case of an accident involving my child while attending this camp, and with full awareness that basketball is an activity which may involve risk of injury, I release the Middletown Basketball Academy and its staff from any and all liability. I understand every precaution will be taken to provide a safe environment and authorize the camp staff to act for me according to their best judgment in the event my child needs emergency medical attention. Furthermore, I understand the Middletown Basketball Academy DOES NOT provide medical coverage and that it is my responsibility to do so.

Parent Signature

Date

Medical Insurance Company

FULL DAY - CAMP SCHEDULE

9:00 - 9:15 Arrival and Warm-Up

9:15 - 11:00 Defensive Fundamentals - Principals of man-to-man and zone. Defending on and off the ball.

11:00 - 11:30 Camp Contests.

11:30 - 12:00 Lunch

12:00 - 12:30 Organized Pick-Up Games

12:30 - 2:00 Offensive Skills - Individual scoring movies for guards and forwards. Setting screens and moving without the ball.

2:00 Dismissal

CAMP DETAILS

The Complete Player Camp Girls' / Boys'

Must bring sack lunch

June 27th-30th 2011 9am-2pm (boys)

July 18th-21st 2011 9am-2pm (girls)

\$150

Junior Coed Skills Camp

June 20th-22nd 2011 9am-12pm

\$80

Coed Shooting Camp

June 20th-22nd 2011 5pm-8pm

\$90

Advanced Coed Shooting Camp

previous shooting camp attendance or prior approval required

July 11th-13th 2011 5pm-8pm

\$90

The Poffenbargers' Private Gym

6776 Burkittsville Rd.

Middletown, MD 21769

apoffenbarger@mlend.com

Amy Poffenbarger's Middletown Basketball ACADEMY

Summer



Basketball

Camps 2011

Junior Camp Coed

June 20-22 | 9am-12pm

Shooting Camp Coed

June 20-22 | 5pm-8pm

Boys Camp

June 27-30 | 9am-2pm

Advanced Shooting Coed

July 11-13 | 5pm-8pm

Girls Camp

July 18-21 | 9am-2pm