



FIELD HOCKEY

MVAA Field Hockey Spring Try-It Day

When: May 17th 9am-1pm

Where: MHS Stadium Field

Cost: \$10

**Bring a friend and have fun
learning an Olympic sport!**

No experience necessary! This Try-It day is designed to learn the basic skills to play field hockey. Beginner and experienced players are welcome!

Register at MVAASports.com on the Field Hockey page

Bring a full water bottle and a snack.
Sticks will be provided but if you have one, bring it!